

September 14, 2018

Dear Parents and Guardians:

Welcome to a new school year. I am excited to be working with you and your child this year. We have a good group of children that seem excited to be at school. We are establishing routines and expectations. We have been learning about the brain and living mindfully. We practice mindful breathing, with our bodies straight, eyes closed and deep breathing. This helps us to be calm and ready to learn. Grade Four can be an exciting year as there are many new opportunities for the children to participate in throughout the school. It is also a good time for them to practice good work habits which will help them be successful throughout their schooling. The children will be encouraged to make sure that their work is completed and that they have followed the directions.

**Homework:** I do not believe in a lot of extra homework. The children are expected to read at home every day for a half an hour. It is helpful to have your child talk about what they have read, summarizing and making predictions about the story. Spelling will be starting next Monday, the 24th. The children will be bringing home a spelling list on Monday and are to practice spelling the words at home in preparation for the test on Friday. By November the children will be working on learning the addition and subtraction facts with the hopes that they memorize them. Extra practice at home is encouraged. When they have mastered these they will be practicing multiplication facts using various game form methods. If your child is bringing home homework other than what is mentioned it is most likely because they are not completing their work during class time. If you find the homework to be overwhelming please contact me at school.

**Agenda:** We are not using an agenda this year. The daily homework and information will be posted on my classroom's daily blog.

**Physical Education:** Our gym days are: Monday, Tuesday and Wednesday. The children need a gym strip and gym shoes. The gym strip is the McCammon grey shirt and blue shorts, both with the logo on them. When the strip arrives please send it to school with your child's name on both the top and shorts and a bag would be helpful. I have a bin for the children to keep their labeled gym strip in. I will send them home on long weekends to be washed. On non-gym days we run the track so the children

need to have proper running shoes for doing so. The children should also have gym shoes/indoor shoes. They are not allowed to wear boots in the classroom as their feet get hot and sweat.

**Library Days:** The children have been assigned a day for the library to ensure everyone gets an opportunity to visit the library once a week. Here is the schedule: Monday – J, JS, NL, GT; Tuesday – BB, MB, JL, PV; Wednesday – SD, SH, CM, RS; Thursday –MF, GG, AM, CC, JL; Friday – MF, FH, KM, CR.

**Academic News:** We are reading stories and articles in Language Arts about getting along with others. We read the stories either together or independently and then do an activity that goes with what we have read. We have been working on a short research project with Mrs. Kushniryk, the librarian, about Terry Fox. During Mathematics we are learning basic addition and subtraction and extending the number patterns. Soon we will be starting numbers to ten thousand. We are reviewing the Code of Conduct for McCammon and practicing being good citizens.

Friday is the Terry Fox Run. Anyone who can help out, please contact Mrs. Rowlands. If you would like to join us, we will be meeting in the gym at 10:15 and then heading out.

My goal again this year is help parents keep informed through my McCammon classroom page. Any newsletters will be found on the McCammon Traditional website, <http://mccammon.sd33.bc.ca/>, Classroom News, Mrs. Frail, downloadable files and the daily news/homework items, on the classroom blog.

I can be reached at the school, 604-795-7000 or email me at [terry\\_frail@sd33.bc.ca](mailto:terry_frail@sd33.bc.ca).

Sincerely,

Terry Frail